

Be It:

[LEADER SAY]: Our Bible story this week reminds us that God wants us to be obedient. What do you think "obedient" means?

"Obedient" means to listen to and follow directions. When it comes to being obedient to God, we follow His rules and listen to Him. When we are obedient to God, we are showing Him our love. He made rules to help us make good choices. When we follow His rules we are being obedient.

God loves us so much that He allows us to make our own choices. We have the choice to love God and show Him our love by following His rules. Will you choose to be obedient?

Show It:

It is like we are letting go of our plans to follow God's plans. That is what it means to be obedient, following God's plan for our lives.

ACTIVITY: ADAM, ADAM, WHERE'S YOUR FRUIT?**Materials** – Apple

Have all your students sit and face in one direction. Choose one student to play "Adam" first and ask them to stand up and put their head against the wall—they are not to see what you and the students are doing next!

[LEADER SAY]: We are going to play a game that will help Adam look for his lost apple. Each time someone comes up to play "Adam" we are going to say this poem together. Let's learn the new poem.

*Adam, Adam, where's your fruit?
Someone took it from its root!
Guess who? Maybe you...
Or maybe Eve took it too!
Wake up, Adam, find your apple.*

With each round, ask "Adam" to face the wall and cover his or her eyes. Silently walk over to a student and give them the apple. Make sure all students keep their hands behind their backs, pretending to be holding the apple behind their back. Once the apple is hidden, start saying the poem together. At the end of the poem, ask "Adam" to face the group. The student is not allowed to walk around in order to find the apple. "Adam" has two guesses to find the apple. The student holding the apple behind their back is the next one to play "Adam." Game is played until every student has had a chance to play "Adam."

FOLLOW-UP:

Would you rather eat nothing but fruit or bread for one whole day?