

# WEEK 3

## Forbidden Fruit

### The Story of Adam and Eve

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#### **Week's Objective:**

To know and understand that God loves everyone and wants what is best for us. We can show God that we love Him back by listening to Him and following His rules and teachings. Let's remember that God wants us to **Be Obedient!**

#### **Prayer as you Prepare:**

Father, I pray that we can remember to be obedient to You. Help us keep in mind that You made rules because You love us and You do not want to see us get hurt. I pray that we will listen to You and follow You. Amen.

### IN THE CLASSROOM...

***COLORING PAGE:*** Picture of Adam and Eve in the Garden of Eden

#### **Hear It:**

***OBJECT LESSON:*** CANDY, CANDY, CANDY

\* A bag of Life Savers candy

*[LEADER SAY]: Raise your hand if you have ever been to a grocery store with your mom or dad? I love going to the grocery store. There are so many delicious foods to buy – bread, SpaghettiOs, fruits, vegetables and tons of cereal. But there is one place that I always love walking through – the aisle with all of the candy. When I was your age, I would always beg my mom to buy me candy. She would always tell me "No." At first I would be mad, but then I got over it. I knew that my mom was looking out for me. She knew that I already had enough sweets and more candy would be bad for my teeth and body. I showed my mom love by respecting her decision and not begging for more candy.*

*Today, I want to share with you a Bible story about two people who did not want to listen to God after He told them "No." Let's listen to our next Bible story to hear what happened when these two people decided NOT to follow God's rules and were very disobedient.*

***STORY SUPPORT:*** POPSICLE PEOPLE

\*Popsicle puppets

Use the popsicle puppets to help tell the Bible story of Adam and Eve. Show the happy face when Adam and Eve follow God's rules. Remind your students that obedience makes God happy. Ask your students to smile. Show the sad face when Adam and Eve do not follow God's rules. It makes God sad when we disobey Him. Ask your students to frown.

**Find It:**

1. What was the name of Adam and Eve's beautiful garden home?  
*The Garden of Eden*
2. What did God give Adam and Eve to eat?  
*Fruit and meat*
3. What job did God give Adam and Eve to do in the garden?  
*To take care of everything God created*
4. What was the name of the tree with the fruit they were forbidden to eat?  
*The Tree of Knowledge of Good and Evil*
5. Who told Eve that eating the forbidden fruit would make her wise?  
*Satan, who was in the form of a snake*
6. Why did the snake want Adam and Eve to disobey God?  
*Satan was jealous of God and wanted to make God's perfect world bad.*
7. Who did Eve blame for eating the forbidden fruit?  
*Satan, who was in the form of the snake.*
8. Who did Adam blame for eating the forbidden fruit?  
*Eve*
9. Why did God want Adam and Eve to obey Him?  
*Because when we obey God, we are showing Him that we love and respect Him.*
10. What happened to Adam and Eve because they disobeyed God?  
*They had to leave the perfect garden forever.*

**Say It:**

Deuteronomy 10:13 - "Obey the Lord's commands and rules. I am giving them to you today for your own good."

**See It:**

Your students might need a clue to find the hidden snake. Encourage your students to draw fruit on the "Tree of Knowledge of Good and Evil" that looks really delicious and tempting.

**Be It:**

*[LEADER SAY]: Our Bible story this week reminds us that God wants us to be obedient. What do you think "obedient" means?*

*"Obedient" means to listen to and follow directions. When it comes to being obedient to God, we follow His rules and listen to Him. When we are obedient to God, we are showing Him our love. He made rules to help us make good choices. When we follow His rules we are being obedient.*

*God loves us so much that He allows us to make our own choices. We have the choice to love God and show Him our love by following His rules. Will you choose to be obedient?*

**Show It:**

It is like we are letting go of our plans to follow God's plans. That is what it means to be obedient, following God's plan for our lives.

**ACTIVITY: ADAM, ADAM, WHERE'S YOUR FRUIT?****Materials** – Apple

Have all your students sit and face in one direction. Choose one student to play "Adam" first and ask them to stand up and put their head against the wall—they are not to see what you and the students are doing next!

*[LEADER SAY]: We are going to play a game that will help Adam look for his lost apple. Each time someone comes up to play "Adam" we are going to say this poem together. Let's learn the new poem.*

*Adam, Adam, where's your fruit?  
Someone took it from its root!  
Guess who? Maybe you...  
Or maybe Eve took it too!  
Wake up, Adam, find your apple.*

With each round, ask "Adam" to face the wall and cover his or her eyes. Silently walk over to a student and give them the apple. Make sure all students keep their hands behind their backs, pretending to be holding the apple behind their back. Once the apple is hidden, start saying the poem together. At the end of the poem, ask "Adam" to face the group. The student is not allowed to walk around in order to find the apple. "Adam" has two guesses to find the apple. The student holding the apple behind their back is the next one to play "Adam." Game is played until every student has had a chance to play "Adam."

**FOLLOW-UP:**

Would you rather eat nothing but fruit or bread for one whole day?